

## How To Conduct a 3-Thirds Group

(<https://zume.training/3-3-group-meeting-pattern/>)

A 3-Thirds group is a gathering of believers who divide their meeting into three parts, so that they can practice fellowshiping with other believers, worshipping God, hearing His Word and obeying His commands.

### LOOKING BACK (1/3 of your time)

For the first third of your meeting time you will “look back” by caring for each other through giving thanks, sharing struggles, and praying for one another. During this time, you will also check in to see if each person in the group has had the opportunity to obey and share what they learned the last time you gathered.

**Step One: Giving Thanks** *(Take some time to have each person share something they are thankful for)*

**Step Two: Sharing your Struggles & Praying for One Another** *(Have group members share something they are struggling with and then have someone immediately pray for them about what they share.)*

**Step Three: Focusing the Group** *(Every time you meet, you'll want to take time and remember why you're together—to love God, to love others, to share Jesus, and help others share Him too. NCC Mission: Connecting People to Christ and One Another by Making Disciple Makers)*

**Step Four: Checking In** *(In this step, you'll have each person in the group report on whether they obeyed what they heard God ask them to do the last time you were together. Can be done in group of 3 or 4)*

Have each person answer the following questions:

- How have you obeyed what you've learned so far?
- Who have you trained in what you've learned?
- Who have you shared your story or God's story with since we've been together as a group?

### LOOKING UP (1/3 of your time)

**Step One: Invite God's Holy Spirit to Lead** *(Take a moment to pray. Talk with God simply and briefly. Ask His Holy Spirit to teach you from the passage you are about to read.)*

**Step Two: Read God's Word and Ask Questions** *(Have someone read the chosen passage.)*

Answer these questions:

- What does this passage say?
- What did you like about this passage?
- What did you find challenging or hard to understand about this passage?

Have someone else read the chosen passage again and answer these questions:

- What does this passage teach about God, His character or what He does?
- What does this passage teach us about people including ourselves?
- Who or what do you identify with in this passage? Why?
- Does the passage have, **S**in to avoid? **P**romise to claim? **E**xample to follow? Or a **C**ommand to obey?

### **LOOKING FORWARD** (1/3 of your time)

Every member of the group asks God a few simple questions and then waits for His answer in prayer. Then you share and practice your commitments and pray to end your time together.

**Step One: Praying for God's Purpose** *(As a group spend 5 minutes in silent prayer and ask God the following questions; recommend setting a timer to go off on your phone)*

- God, what more do you have to say to me about this?
- God, how can I obey and apply what you're teaching me?
- Who can I train from this passage so they can learn to obey and love you more?
- Who would you have me share my testimony or Your Good News of Jesus with?

**Step Two: Gathering Commitments** *(After praying, ask each person the following 3 questions and write down their "I will..." statements. Can be done in group of 3 or 4)*

- Ask how will you be obedient to the Holy Spirit? *I will obey...*
- Ask if the Holy Spirit has placed someone on their heart that they should train. *I will train...*
- Ask if the Holy Spirit has placed someone on their heart with whom they should share their testimony or the Gospel. *I will share the Gospel/testimony with...*

### **Step Three: Practice**

- Take time to practice what they heard from God. *(Ex.: Ask someone for forgiveness, text someone a message of encouragement, write a note of thankfulness)*
- Practice 15 second testimony on different categories. *(Forgiveness, depression, anxiety, etc.)*
- Practice 3 Circles or other Gospel presentation.