



## Week of April 2 **Roadblocks**

### Summary

Joining together as a life group to encourage, challenge and inspire each other as we engage in the Bible together to reach One at a Time just like Jesus did.

### LOOK BACK

What are you grateful for?

What challenges/ hardships are you experiencing?

Do you have any needs?

Give Care and Prayer.

What have you obeyed or applied from last week?

Who were you able to share with last week?

→ Choose one of the following to share:

- ◆ After a busy day, how do you unwind?
- ◆ When you find some down time or a day off, what is your go to that brings you rest, relaxation, etc.?

### LOOK UP

#### Videos

→ Sunday Sermon "Roadblocks"

#### Questions

→ Read Matthew 14:1-36

→ There are two instances when Jesus withdraws, why do you think he does this?

→ How did Jesus react to interruptions?

→ Describe how the disciples might have felt in verse 15. In verses 16-17? In verses 18-21?

→ What new power do the disciples discover in Jesus? What is the lesson here?

→ How have you seen Jesus stretch your resources beyond what you could imagine?

→ In this chapter, we see Jesus retreating from the crowds for solitude twice. One after getting painful news that grieved the heart of Jesus and the other after an exhausting day of ministry to people. Are you making time alone with God in moments like this or do

you turn to something else in life? What steps can you take to follow Jesus' example during these times in your life?

- Allen mentioned three things that can keep you from focusing on one at a time, Insignificance, Exhaustion and Busyness? Which of these has hit you the hardest in your spiritual journey? Which are you battling right now?
- In what stage of life have you felt the busiest? Most exhausted?
- Allen mentioned the importance of regularly sitting at the feet of Jesus and leaving margin for people in your life in order to be the hands and feet of Jesus. How have you seen this true in your life or the lives of others?
- How did God personally speak to you through Allen's message or this study?

### **LOOK FORWARD**

- In this text is there:
  - ◆ Sins to avoid?
  - ◆ Promises to keep?
  - ◆ Examples to follow?
  - ◆ Commands to obey?
- What will you obey and apply this week?
- Who can you share with this week about this study and what God is doing in your life?

Pray and ask God for His power to help you obey and share with someone this week.